





Love, Connect and Serve on the Journey with Christ

connect with us...

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sundays at 8:15, 9:45, 11:15 am

feb 7, 2016

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WE'RE SO GLAD YOU'RE HERE! Thanks for joining us today! We don't want to miss the opportunity of connecting with you. So, whether you are visiting for the first time or are a regular attendee please take a moment to fill out the *Blue Connection Card* in the seat pocket in front of you. You may return it to the seat pocket or place it in the box on the back table.

If you would like to give toward the ministries of Crossroads Church, please place your gift in one of the Tithes and Offerings Boxes located at each Worship Center exit.

Looking for more information? If you'd like to learn more about something you heard during Crossroads announcements regarding upcoming events or the ministries at Crossroads, please visit our Welcome Center Kiosk located in the Connection Area or visit our website at www.crossroadsefc.com.

We wanted you to know that...

- Assisted hearing devices are available during our services at the Welcome Kiosk.
- Binders with printed lyrics are available on the back tables in the Worship Center.
- Once a worship service has begun, we ask that all entering and exiting the Worship Center use the east or west doors (not the center, please).

faith community nursing...

February is American Heart Health Awareness Month. The National Institutes of Health tells us that 80% of women ages 40-60, have at least one risk factor for developing heart disease. Some risk factors, such as age or family history of early heart disease can't be changed. But some factors we CAN control.



program of the Nation Institutes of Health

Unhealthy diet...Being overweight or obese...High blood pressure...Diabetes if you have it...Elevated cholesterol...Smoking...Being physically inactive

EACH risk factor greatly increases a woman's chance of developing heart disease, making it very important that each woman take the risk seriously! Find more information at: http://www.nhlbi.nih.gov/health/educational/hearttruth Luke 6:45 "A good man (woman) brings good things out of the good stored up in his (her) heart....."

announcements

- Help fight hunger right here in our community! Helping out is as easy as picking up a few extra items at the grocery store and dropping them off at the "Fight Hunger" display in the Connection Area. February's donation items are canned fruit and applesauce. Donations benefit the Marshall County Neighborhood Center.
- Ps92ers (those 50 and older) Don't forget that our Valentine Party is this Saturday, February 13th, at 6:30 p.m. right here at Crossroads. This event is singles friendly! For more information please contact Jim Carnes (574-952-5308) or Gloria Seitz (574-315-1858)
- It's a Family Movie Night at Crossroads! The movie, War Room, will be shown at Crossroads on Friday, February 19th, beginning at 6:30 pm. This is a free event but you must have a ticket to enter. Tickets can be picked up at the Welcome Center Kiosk beginning today and will be available at the church office throughout the week. Free popcorn and water...plus a special drawing at the end of the movie! Hope to see you there!

it's time to join a community group!

We ask people attending Crossroads to do three things: 1) faithfully attend on Sunday mornings, 2) connect in a Community Group and 3) serve. Connecting in a Community Group is as easy as attending our upcoming GroupLink Event being held on Saturday, February 27th here at Crossroads! If you're looking to grow in your faith, experience healthy relationships and connect with others in a meaningful way then it's time to join a Community Group! Register to attend GroupLink today...see the registration card in the seat pocket.

upcoming target group classes...

Do you want to learn first hand what a Community Group is all about? Join Pastor Marc at the "Connecting in Community" Target Group class on Sunday, February 14th. This is an informative class that will answer all of your questions about this life changing opportunity for you and your family! This single session class is free and will meet during 1st service in room 105 & 107. No registration is needed...just show up at 8:15 am and learn how you can connect with others who desire to engage in healthy relationships, engage in God's Word while working to provide care, support and accountability with one another!

What do you want for your marriage? Want peace? Want to feel closer? Want to feel valued? Want to experience marriage the way God intended? Then why not try "Love and Respect". Starting on February 21st a Target Group class called "Love & Respect" will look at how men and women receive and communicate love. Learn more about this Target Group class and how you can sign up to participate with the information card in your seat pocket today!